



PROJECT CONSORTIUM

The project consortium comprises a multidisciplinary team that includes legal, social, and medical research organizations, learning and media education specialists, and ICT communication experts.

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TIP for Kids

Trauma-informed Practice for Teachers, Youth Workers and Parents

PROJECT INFO

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TIP for Kids

Trauma-Informed Practice for Teachers, Youth Workers and Parents

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ABOUT THE PROJECT

Our project presents a holistic approach to address Post-Traumatic Stress Symptoms (PTSS) in children and juveniles by providing teachers, youth workers and parents with a variety of resources and tools. Collectively, these components create a supportive system around children and juveniles, enhancing the capacity of those who work with and care for them to foster environments that are sensitive to the effects of trauma. This will ultimately contribute to the well-being and resilience of affected individuals.

OBJECTIVES

It is very important to deal with Post-Traumatic Stress Symptoms (PTSS) in children and young people. If we can recognize PTSS early on and give them support, we can have a very positive effect on their well-being and future development. Our project addresses several important needs in order to support children and young people who may be experiencing PTSS. These needs include:

- **Awareness and recognition:** Teachers, trainers, youth workers and parents need to have the right knowledge regarding post-traumatic stress symptoms (PTSS) in children and teenagers, and how it affects them.
- There is a **need for training** in trauma-informed practices in different settings, including education, youth work, and parenting.
- **Practical guidance and strategies:** Professionals and parents often need specific strategies to support children with PTSS. Guidelines and case studies provide valuable insights into real-world applications of trauma-informed practices.
- **Accessibility of information:** It is important to develop resources like mobile applications, chatbots, and podcasts which meet the need for easily accessible, user-friendly products that provide immediate support and guidance.
- **Tailored support and intervention:** Children and young people affected by trauma have different needs and these need different approaches.
- **Safe spaces and support structures:** How to create environments that are safe and supportive for traumatised children, providing stability and understanding?

PROJECT OUTPUTS

1 Guidelines

The user-oriented guidelines educate and inform teachers, youth workers and parents about PTSS, emphasizing the importance of recognizing signs of trauma and applying trauma-informed approaches in their interactions with children and juveniles.

2 Case Studies

The case studies collection provides concrete examples and best practices in addressing PTSS, illustrating the application of trauma-informed techniques in various scenarios.

3 Podcasts

Podcasts provide an alternative, flexible format for consuming the content, catering to different learning preferences and lifestyles.

4 Training Resources

Our interactive training materials complement guidelines and case studies and provide users with a hands-on understanding of how to apply trauma-informed principles in their daily interactions with children.

5 Videos and Chatbot

Videos with some selected stories and a real-time chatbot offering immediate, on-demand support and personalized guidance for users seeking advice or clarification on handling specific situations related to PTSS.

6 Interactive e-platform

The interactive e-platform contains podcasts and access to all contents and training materials of the project. The e-Training Service also supports online interactive tools such as blogs and social networking applications and is linked with real time translation systems, thus breaking down the language barriers between users from different countries.

7 Mobile application

A mobile application for Android devices will ensure that the resources are easily accessible to users anytime and anywhere.

TARGET GROUPS

The target groups for our project include:

- Teachers and educators
- Youth workers and trainers
- Parents and caregivers
- Child and youth advocates
- School administrators and policy makers
- Healthcare professionals - doctors, nurses, and mental health professionals who may encounter children with PTSS in their practice

